



Becoming A Family

Kids First-Newtown and
ENRICH Bucks County

Present an evening with
Dr. Robert Sasson, Pediatrician
and Mental Health Professionals,
Dr. Andrew Offenbecher,
Cecily Rose Itkoff, LMFT and
Nicole Ricchetti, LMFT
offering a helping hand to new parents

*February 20th 7—9 PM at Kids First - Newtown
6 Penns Trail, Newtown, PA
Call to register 215- 968-6844*

- Adjusting to your new roles...provider, caregiver,
- Sharing household responsibilities
- Making a successful transition from being a couple to being parents
- Seeing new challenges as opportunities for growth
- Dealing with the stresses, finding the joy - ways to support and nurture each other
- The vital role of fatherhood...claiming your relationship with your child...making sure you fit in...wonderful opportunities to become involved!
- For you new moms...Dealing with exhaustion, maintaining your identity, asking for what you need!
- Discuss common newborn issues and concerns